



Allergy and Anaphylaxis Policy

Author	Designated Allergy Lead
Date Written	<i>18 June 2026</i>
Approver	<i>Full Governing Body</i>
Date Approved	<i>June 2026</i>
Date for next review	<i>June 2027</i>

The Langton Grammar School for Boys

Allergy and Anaphylaxis Policy

1. Policy Statement

The Langton Grammar School for Boys is committed to safeguarding the health, safety and wellbeing of all pupils, staff and visitors with allergies.

The School recognises that allergic reactions can be life-threatening and that anaphylaxis constitutes a medical emergency requiring immediate treatment.

The School adopts a whole-school approach to allergy management and seeks to create an inclusive environment in which pupils with allergies can participate fully in all aspects of school life.

This policy should be read alongside:

- Supporting Pupils with Medical Conditions Policy
- First Aid Policy
- Health and Safety Policy
- Safeguarding and Child Protection Policy
- Educational Visits Policy
- Behaviour and Anti-Bullying Policy

2. Aims

The aims of this policy are to:

- Reduce the risk of exposure to allergens.
- Ensure rapid recognition and treatment of allergic reactions.
- Establish clear roles and responsibilities.
- Promote awareness and understanding of allergies across the school community.
- Support pupils with allergies to participate fully and safely in school life.
- Ensure compliance with current and emerging Department for Education guidance.

3. Designated Allergy Lead

The Headteacher shall appoint:

- A Designated Allergy Lead: Mrs L Santana
- Overseers of emergency medication: Mrs S Reynolds & Mrs A Powell

Their responsibilities include:

- Maintaining the Allergy Register.

- Reviewing risk assessments.
- Coordinating staff training.
- Monitoring emergency medication.
- Liaising with parents and healthcare professionals.
- Reporting annually to Governors.

4. Allergy Register and Individual Healthcare Plans

The School will maintain an up-to-date Allergy Register identifying pupils with diagnosed allergies.

For every pupil at risk of anaphylaxis:

- An Individual Healthcare Plan (IHP) and Allergy Action Plan must be provided.
- Plans will be reviewed annually or sooner if medical circumstances change.
- Relevant staff will be informed of the pupil's condition and emergency procedures.

5. Emergency Medication

Pupils prescribed Adrenaline Auto-Injectors (AAIs) should carry two in-date devices at all times where clinically appropriate.

The School will:

- Hold centrally located spare AAIs. **School's main office in the Emergency Anaphylaxis kit box.**
- Ensure AAIs are accessible and not locked away.
- Maintain records of expiry dates.
- Conduct termly checks of all emergency medication.
- Replace expired spare devices promptly.

The School's spare AAIs may be used in accordance with current Department of Health guidance.

6. Emergency Response to Anaphylaxis

All staff must understand the signs of anaphylaxis, including:

Airway

- Swollen tongue
- Difficulty swallowing
- Throat tightness
- Voice changes

Breathing

- Wheezing
- Persistent cough
- Breathing difficulty

Circulation

- Dizziness
- Collapse
- Loss of consciousness

Emergency Procedure

1. Administer adrenaline immediately.
2. Call 999 and state "ANAPHYLAXIS".
3. Keep the pupil lying flat with legs raised unless breathing difficulties require otherwise.
4. Send a member of staff to meet emergency services.
5. Administer a second AAI after five minutes if symptoms persist.
6. Inform parents/carers immediately.
7. Ensure the pupil is transferred to hospital.

A written Anaphylaxis Emergency Response Plan will be displayed in key staff areas.

7. Staff Training

All staff, including temporary and supply staff, will receive annual allergy and anaphylaxis training.

Training will include:

- Common allergens.
- Allergy risk reduction.
- Recognition of allergic reactions.
- Use of AAIs.
- Emergency response procedures.
- Educational visits and extracurricular activities.
- Inclusion and wellbeing of pupils with allergies.

Practical AAI training will be included wherever possible.

8. Catering and Food Management

The School Catering Team will:

- Comply fully with Food Information Regulations.
- Maintain accurate allergen information.
- Clearly identify the 14 major allergens.
- Review ingredient changes with suppliers.
- Implement procedures to minimise cross-contamination.

Parents and pupils will have access to allergen information before food is selected.

The School does not only operate a "nut-free" policy but instead adopts a comprehensive allergy-aware approach supported by risk assessment and education.

9. Educational Visits and Sports Fixtures

All visits and off-site activities will include allergy risk assessment.

Trip leaders must ensure:

- Emergency medication accompanies the pupil.
- Trained staff are present.
- Venues and providers are informed where appropriate.
- Catering arrangements are checked in advance.

Pupils with allergies will not be excluded from participation unless a specific safety risk cannot be mitigated.

10. Inclusion and Anti-Bullying

The School will not tolerate allergy-related bullying, harassment, intimidation or unsafe behaviour.

Allergy-related incidents will be treated as safeguarding concerns where appropriate and managed in accordance with the Behaviour Policy.

Awareness education will promote understanding, empathy and inclusion.

11. Communication

The School will:

- Publish this policy on its website.
- Communicate procedures to staff annually.
- Provide information to parents.
- Maintain regular dialogue with families of pupils with allergies.
- Review policy effectiveness annually.

12. Monitoring and Review

This policy will be reviewed annually by:

- Designated Allergy Lead
- Headteacher
- Governing Body

An annual report will be presented to Governors covering:

- Training completion rates
- Medication audits
- Incidents and near misses
- Policy improvements
- Compliance with statutory guidance

Approval: Governing Body